

190 EAST LONG LAKE ROAD, BLOOMFIELD HILLS , MI 48304 · 248-644-3450 · THEVILLAGECLUB.ORC

## CONTENTS

| Special Events 2            |
|-----------------------------|
| Books 3-4                   |
| Bridge & Mah Jongg 4-5      |
| History, Art & Music 6-7    |
| Skills & Creativity 8-9     |
| Wellness 10                 |
| Calendar 11-13              |
| Instructor Highlights13-14  |
| Registration Information 15 |
| Registration Form 15        |
|                             |

# Your Participation is your support!

## MISSION STATEMENT

The Village Club provides a unique private club experience and gracious, friendly environment for its members while offering cultural, educational, social and philanthropic opportunities, as well as casual and fine dining.

## Invitation to Classes at The Village Club

We look forward to welcoming you to Winter/Spring classes at The Village Club.

By popular request, we are pleased to offer two computer classes: Chat GPT and Online Basics. Additional topics range from Bletchley Park Codebreakers and Cryptography to Get Your Kicks on Route 66 and Folk Music & Its Influence on 1960s Rock.

Art historian Wendy Evans returns to The Village Club to discuss Downton Abbey, The British Royals, and Detroit's Architect Albert Kahn.

Returning by popular demand are Genealogy, Mah Jongg and Bridge classes, as well as a new Let's Play Bridge format. Those who enjoy literature will be delighted with the books chosen for The Readers and Speed Dating with Books. Knitting, Yoga/ Pilates, LaBlast Dance Fitness, and Better Bones, Balance & Strength classes continue to be popular, catering to multiple skill levels.

Winter/Spring 2025 classes offer you opportunities to pause, learn, listen, and share with friends. We look forward to seeing you!

Special Events

## Create Your Super Bowl Charcuterie Tray

Just in time for your Super Bowl Party, build a charcuterie board to serve several people. Included are a sturdy, wooden board to begin your creation as well as artisanal cheeses, meats and produce. All of this will be paired with classic accoutrements such as sweets, nuts, and pickles. Boxes will be



provided to take your masterpiece home.

| Instructor: | Kayla Mcglory                |
|-------------|------------------------------|
| Event Date: | Friday, February 7           |
| Event Time: | 3:00 p.m.                    |
| Fee:        | \$95 Member, \$100 Nonmember |

## **Oscar Night Preview Party**

Learn about all things Oscar as we preview the films and nominations for 2025. Have fun casting votes for with the nominees you think will win their categories at the 97th Academy

| Instructor: | Dr. Tara Hayes    |
|-------------|-------------------|
| Event Date: | Saturday, March 1 |
| Event Time: | 5:00-7:00 p.m.    |
| _           |                   |

Awards ceremony. Heavy hors d'oeuvres will be provided before the party and during the ten minute intermission.

Drinks by subscription. Seating is limited.

Fee: \$65 Member, \$75 Nonmember

## Pewabic Pottery - Nationally Renowned Detroit Gem

Founded in Detroit in 1903 by Mary Chase Perry Stratton, Pewabic pottery graces the Belle Isle fountain, the Detroit Public Library, the DIA, Cranbrook/



Kingswood and so many other distinguished locations, as well as private homes. Tiles can also be seen in the framing of The Village Club's fireplace.

Annie will share what is known about the founder and her iconic, iridescent glazes. She will speak to the evolution of the ceramic studio and school, still located in Detroit, and where you might discover Pewabic ceramics throughout Detroit and the US.

We invite you to be part of the program: If you would like to have Annie speak to one item from your personal collection, please submit a photo of the item, along with a photo of the bottom or back where any markings are located, to linda.wilson918@ gmail.com. Your submission must be sent prior to March 8 to be included in the program.

Shopping Opportunity - Pewabic tiles and ceramics will be available for sale after the class.

| Annie Dennis                     |
|----------------------------------|
| Pewabic Archivist/Ceramic Artist |
| Thursday, April 10               |
| 10:00 a.mNoon                    |
| \$30 Member, \$40 Nonmember      |
|                                  |

# Spring Planting & Cleanup with English Gardens

Do you need help in deciding what and where to plant? Let Becky Menger from English Gardens instruct you on the basics of spring cleanup in your gardens. She will then advise our group on the best



times and spots in your garden to place blooms for the very best results.

| Instructor: | Becky Menger                |
|-------------|-----------------------------|
| Event Date: | Wednesday, April 16         |
| Event Time: | 10:30 a.m.                  |
| Fee:        | \$20 Member, \$30 Nonmember |

Books

## The Readers

The Readers is a book study class that meets monthly for group discussion facilitated by Cathleen Russ. Introduced 25 years ago, The Readers has become a Village Club tradition. The five books selected by the group for Winter-Spring 2025 include both fiction and nonfiction. Please register for each class separately.

- Instructor: Cathleen Russ
- Class Dates: Tuesdays, February 11, March 11, April 8, May 13, June 10
- Class Time: 10:00-11:30 a.m.
- Fee: \$10 Member, \$20 Nonmember

### Tuesday, February 11 Kingmaker: Pamela Harriman's Astonishing Life of Power, Seduction, and Intrigue



by Sonia Purnell (2024, 528 pages - Biography)

When Pamela Churchill Harriman died

in 1997, the obituaries were scathing. Written off as a social climber, her legacy was overshadowed by her infamous adventures. At age 20, Churchill's daughter-in-law became a "secret weapon" during World War II, strategically wining, dining, and seducing diplomats and generals to help win over American sentiment to the British cause against Hitler. When she moved to the United States, she brought a struggling Democratic party back to life, hand-picking Bill Clinton from obscurity and vaulting him to the presidency. Chosen as Ambassador to France, she deployed her legendary powers to charm world leaders and help efforts to bring peace to Bosnia. There are few who have operated as close to the center of power over five decades, and there is practically no one in 20th Century politics, culture, and fashion whose lives she did not touch.

## Tuesday, March 11 *The Curse of Pietro Houdini*

by Derek B. Miller (2024, 384 pages - Historical Fiction)



August 1943. Fourteen-year-old Massimo is fleeing from Rome after surviving a bombing raid that killed his parents, when he is attacked by thugs near Montecassino. There he meets a charismatic man calling himself Pietro Houdini, the self-proclaimed "Master Artist and confidante of the Vatican," who rescues Massimo and makes him an assistant in preserving the treasures that lay within the monastery walls. Together, Pietro Houdini and Massimo plan to smuggle three priceless Titian paintings to safety down the mountain, away from the "safe keeping" of the Germans.

### Tuesday, April 8 The Talented Mrs. Mandelbaum: The Rise and Fall of an American Organized Crime Boss



by Margalit Fox

(2024, 336 pages - Social History, Biography)

In 1850, impoverished 25-year-old Fredericka Mandelbaum worked as a peddler on the streets of Lower Manhattan. By the 1870s she was a fixture of high society and an admired philanthropist. "Marm" Mandelbaum had become the country's most notorious "fence" and a criminal mastermind. Called "the nucleus and center of the whole organization of crime," she planned robberies of cash, gold and diamonds throughout the country. Mrs. Mandelbaum wasn't just a successful crook: She was a business visionary—one of the first entrepreneurs in America to systemize the enterprise of property crime. Handpicking a cadre of the finest bank robbers, housebreakers and shoplifters, she handled logistics and organized supply chains-turning theft into a viable, scalable business.

## Tuesday, May 13 *By Any Other Name*

by Jodi Picoult (2024, 544 pages - Historical Fiction, Mystery)



These two storylines intertwine:

Playwright Melina Green has written a new work inspired by the life of her Elizabethan ancestor Emilia Bassano. But seeing it performed is unlikely, in a theater world where the playing field isn't level for women. Her best friend takes the decision out of her hands and submits the play to a festival under a male pseudonym. In 1581, Emilia Bassano is a ward of English aristocrats. Her lessons on languages, history, and writing have endowed her with a gift for storytelling, but she is allowed no voice of her own. Forced to become a mistress to the Lord Chamberlain, who oversees all theatre productions in England, Emilia sees how the words of playwrights can move an audience. She forms a plan to secretly bring a play of her own to the stage, by paying an actor named William Shakespeare to front her work.

### Tuesday, June 10 The Widow Clicquot: The Story of a Champagne Empire and the Woman Who Ruled It (P.S.)



by Tilar J. Mazzeo (2008, 264 pages - Biography)

Veuve Clicquot champagne epitomizes glamour, style, and luxury. After her husband's death, Barbe-Nicole Clicquot Ponsardin defied convention by assuming the reins of the fledgling wine business they had nurtured together. Steering the company through political and financial reversals, she became one of the world's first great businesswomen and one of the richest women of her time.

## Speed Dating with Books

Are you tired of the same old stories? Get help from Cathleen Russ and a team of librarians from the Baldwin (Birmingham), Bloomfield Township, and West Bloomfield libraries. Learn about 30 potential new reads, including audio- and e-books, and take home a list of all titles discussed, as well as giveaway copies of new books. This fun program is designed for all who love books and reading.

| Instructor: | Cathleen Russ and Team of<br>Librarians |
|-------------|---|
| Class Date: | Wednesday, May 7                        |
| Class Time: | 5:00-6:15 p.m.                          |
| Fee:        | \$10 Member, \$20 Nonmember             |

Bridge k Mah Jongg



## **Everyday Bridge Questions**

Are you an advanced beginner or intermediate bridge player wishing to review situations commonly encountered at the bridge table? These two classes cover questions such as "what do I need in my hand to overcall a Weak 2 bid?" and "what are the multiple meanings of the 2NT bid"? Various scenarios related to bidding, defense, and play of the hand are presented for group discussion, and players practice by playing random hands. The class format is the same for both classes, but the scenarios vary. Players may register for one or both classes. Please register for each class separately. Players with partners are encouraged to sign up as a pair.

| Instructor:  | Laura Burke                 |
|--------------|-----------------------------|
| Class Dates: | Tuesdays, February 11, 25   |
| Class Time:  | 1:00-3:00 p.m.              |
| Fee:         | \$20 Member, \$30 Nonmember |

## Let's Play Bridge

"Classes are great," one enthusiastic Village Club player said, "but it would be so helpful to have another option, simply to play and practice skills."

Let's Play Bridge is a new practice opportunity for TVC bridge players:

- weekly practice for 5 or 10 weeks
- expert bridge-player/coach for individual and/or group mentoring
- small participant group (maximum of 8 players)
- practice with a regular partner
- relaxed and friendly setting

Let's Play Bridge is appropriate for those already playing bridge who want to play regularly, work with a partner, learn to make best use of the cards dealt, build confidence, and have fun in the process.

| Instructor:  | Gay Garcia  |
|--------------|---|
| Class Dates: | Series A: Wednesdays,<br>March 5, 12, 19, 26, April 2 |
|              | Series B: Wednesdays,<br>April 16, 23, 30, May 7, 14  |
| Class Time:  | 1:00-3:00 p.m.  |
| Fee:         | \$50 Member, \$75 Nonmember<br>(per series)           |



## Declarer Workshop: Play of the Hand

Do you enjoy bridge and want to increase your chance of success as declarer? It helps to have a plan so that you are ready to face the various contracts that bridge may present. This class, for advanced beginner and intermediate players, covers commonly used strategies and techniques to formulate and carry out your plan. The class includes presentation and discussion, as well as the opportunity for players to practice what they have learned. Players with partners are encouraged to sign up as a pair.

| Instructor:  | Laura Burke                 |
|--------------|-----------------------------|
| Class Dates: | Tuesday, May 13             |
| Class Time:  | 1:00-3:00 p.m.              |
| Fee:         | \$20 Member, \$30 Nonmember |



# **Beginning Mah Jongg**

Mah Jongg is an ancient Chinese game played with colorful tiles. Introduced in the west in the 1920s, it is a popular table game of strategy, calculation and chance. It's not as hard as it looks! This class is designed for beginners and those who want a refresher. Continue your learning by playing with the friendly Mah Jongg Club at The Village Club. This is a two-session class.

| Instructor:  | Annie Ellis                 |
|--------------|-----------------------------|
| Class Dates: | Tuesdays, May 6 & 13        |
| Class Time:  | 10:00-11:45 a.m.            |
| Fee:         | \$40 Member, \$50 Nonmember |

History, Art & Music

## Bletchley Park: Codebreakers & Cryptography



Join us as we enter the world of secrets, hidden codes, and women's place in cryptography's history. Professor Nabozny recently visited Bletchley Park and delved into the work that was accomplished there during World War II. He will also reveal some of the fascinating stories of cracking the codes of bootleggers, diplomats, and spies which provided critical aid to U.S. agencies before, during, and after the war.

| Instructor:  | Keith Nabozny               |
|--------------|-----------------------------|
| Class Dates: | Wednesday, February 19      |
| Class Time:  | 5:30-7:00 p.m.              |
| Fee:         | \$20 Member, \$30 Nonmember |

# Downton Abbey & Other Stately Homes of Britain



What's a Wyvern? Why did the Prince of Wales want a portrait of Mrs. Musters? Explore the art and the stories from Highclere Castle, the location and inspiration for the Downton Abbey TV series, plus more stories about art and landscaping from other stately homes. You'll find truth stranger and every bit as salacious and exciting as the fiction.

| Instructor:  | Wendy Evans                 |
|--------------|-----------------------------|
| Class Dates: | Wednesday, February 26      |
| Class Time:  | 10:00-11:30 a.m.            |
| Fee:         | \$20 Member, \$30 Nonmember |



## **Get Your Kicks on Route 66**

Take a trip along the "Mother Road", U.S. Route 66 from Illinois to California, in a classic yellow '57 Chevy Bel Air. Bob Feldmaier and his son traveled this route in the car he purchased while still in high school! See what this historic route looks like now as well as the old gas stations, motels, and restaurants one would have visited "back in the day". Ride along on a rediscovery of this fabled highway and, as the song says, 'get your kicks on Route 66'.

| Instructor:  | Robert Feldmaier            |
|--------------|-----------------------------|
| Class Dates: | Thursday, March 20          |
| Class Time:  | 5:30- 7:00 p.m.             |
| Fee:         | \$20 Member, \$30 Nonmember |



## **The British Royals**

A historical look at a selection of monarchs from Alfred the Great to Elizabeth II who celebrated her Platinum Jubilee. There will be plenty of pictures and stories of royal objects and events from births to burnt cakes, crowns to christenings, marriages to mistresses, and palaces to privies. Bring your coronets and pearls.

| Instructor:  | Wendy Evans                 |
|--------------|-----------------------------|
| Class Dates: | Wednesday, March 26         |
| Class Time:  | 10:00-11:30 a.m.            |
| Fee:         | \$20 Member, \$30 Nonmember |





## Folk Music & Its Influence on 1960s Rock

During this entertaining multimedia presentation, the role of folk music in the development of popular music from post WWII through the 1970s will be examined. We will listen to great music and learn about the effect historical and contemporary events had on the lyrical and musical content of songs from this era. Among the artists highlighted will be the Kingston Trio, Joan Baez, Bob Dylan, Peter, Paul and Mary, Neil Young, The Beatles, Traffic, Led Zeppelin, and Lynyrd Skynryd.

| Instructor:  | Henry Feinberg              |
|--------------|-----------------------------|
| Class Dates: | Friday, April 18            |
| Class Time:  | 5:30-7:00 p.m.              |
| Fee:         | \$20 Member, \$30 Nonmember |

Detroit's Architect: Albert Kahn



Wendy Evans looks at some of the temples, factories and more than 400 structures Albert Kahn built in the Detroit area, and then goes beyond Detroit to trace how this modest immigrant with only an elementary school education went from obscure beginnings to world renown. His innovations changed how factories were built and were crucial for the rise of the auto industry and in enabling the U.S. to become the Arsenal of Democracy.

| Instructor:  | Wendy Evans                 |
|--------------|-----------------------------|
| Class Dates: | Wednesday, April 30         |
| Class Time:  | 10:00-11:30 a.m.            |
| Fee:         | \$20 Member, \$30 Nonmember |

Skills & Creativity



# Knitting

Knitting continues for those who have taken lessons from Naomi. She welcomes beginners and experienced knitters who want to enhance their skills. You will build upon previously learned lessons, continuing to create a beautiful garment; or, if you are a beginner, you will knit a scarf.

| Instructor:  | Naomi Frenkel   |
|--------------|---|
| Class Dates: | Fridays, February 7, 14, 21, 28; March 7, 14, 21, 28; April 4, 11, 18, 25; May 2, 9, 16, 23, 30;<br>June 6, 13, 20, 27                              |
| Class Time:  | 1:00-3:00 p.m.  |
| Fee:         | \$40 Member, \$50 Nonmember<br>Fee is per month. Please register for each month separately.<br>\$15 material fee paid to instructor at first class. |



# CHAT GPT

ChatGPT – what it is, how to use it, and all about AI. We'll discuss what AI really is, some of the risks and problems associated with ChatGPT and other AI tools, and show examples of what you can get out of ChatGPT. Bring your device and learn how to get to Chat GPT, then try it for yourself.

| Instructor:  | Carolyn Levardsen,<br>Digital Services Supervisor,<br>West Bloomfield Public Library |
|--------------|--|
| Class Dates: | Tuesday, March 18  |
| Class Time:  | 10:00-11:30 a.m.   |
| Fee:         | \$20 Member, \$30 Nonmember  |



## **Online Computer Basics**

Learn how to easily navigate your tablet or laptop, get to the internet, download and manage apps, take and manage photos, and more. We'll discuss common questions and mistakes made when getting online. Bring your device and be ready to learn something new.

| Instructor:  | Carolyn Levardsen,             |  |  |  |
|--------------|--------------------------------|--|--|--|
|              | Digital Services Supervisor,   |  |  |  |
|              | West Bloomfield Public Library |  |  |  |
| Class Dates: | Tuesday, April 1               |  |  |  |
| Class Time:  | 10:00-11:30 a.m.               |  |  |  |
| Fee:         | \$20 Member, \$30 Nonmember    |  |  |  |



## Genealogy Workshop & Photo/Documents Uploading

Let's work on our family trees! This class will be a 90-minute workshop where everyone will work individually, but be able to share and gain ideas and knowledge with others. Bring specific questions for Kellie on brick-wall ancestors, specific country or records research, site navigation, etc.

Plus, bring photos and documents that you want to upload to your online tree (photos and important papers such as birth and death certificates, census information, draft cards, etc.) and we'll walk through the process together. No experience needed! You can begin your genealogy journey today, or pick up where you left off.

Bring a laptop or tablet, and please create a FamilySearch account (free), or other genealogy paid subscription site (e.g., Ancestry).

| Kellie Evans                |
|-----------------------------|
| Friday, May 9               |
| 1:30-3:00 p.m.              |
| \$20 Member, \$30 Nonmember |
|                             |

Wellness



## Combination Yoga & Mat Pilates



## LaBlast Dance Fitness

LaBlast is based on the basic patterns of ballroom dancing! It's done without a partner and covers every style of dancing - waltz, tango, foxtrot, swing dances, and more.

| Instructor:  | Donna Tomassi               |
|--------------|-----------------------------|
| Class Dates: | Fridays                     |
| Class Time:  | 12:30-1:15 p.m.             |
| Fee:         | \$12 Member, \$18 Nonmember |

## Better Bones, Balance & Strength

Have you ever thought about hiring a personal trainer? If so, now's your chance. We've contracted with local trainer Laura Karmanos who will focus on providing a complete body workout to help you tone up and keep in shape. We will start with resistance bands progressing to handheld weights. The class is appropriate for all as the techniques taught can work with various resistance and weight levels. The goal is to help you move from your current strength to your personal best. Take advantage of the opportunity to learn from a pro. Then develop and practice your routine at home or the gym with weekly organized sessions for guidance to ensure proper alignment.

Classes will include a 10-minute warm-up and 10-minute cool down as bookends to 40 minutes of strength training where you'll learn exercise routines with and without resistance. Yoga attire/ gym shoes are appropriate. Chairs will be available for those who prefer their routines from a more elevated position.

| Instructor:  | Laura Karmanos              |
|--------------|-----------------------------|
| Class Dates: | Monday Evenings             |
| Class Time:  | 5:00-6:00 p.m.              |
| Fee:         | \$12 Member, \$18 Nonmember |

This is a hybrid class that blends Pilates with yoga stretching, strength training, balance work, breath work, and relaxation to tone and strengthen the entire body, but especially upper arms, abdomen, hips, and legs. The class is offered with many modifications so that each participant, regardless of experience or current fitness level, can comfortably challenge herself. A certified yoga therapist and highly experienced Pilates instructor, Kathy Forgave, welcomes all and is adept at providing group instruction that meets individual needs. Classes will be offered via Zoom only

Instructor: Kathy Forgrave

Class Dates: Mondays & Wednesdays

Class Time: 10:00-11:00 a.m.

Fee per session: \$12 Member, \$18 Nonmember



## **Midweek Restorative Yoga**

We're pleased to offer a one-hour Restorative Yoga class on Wednesday evenings. Move through your body with breath and gentle guided stretches. Blocks, straps, mats, and blankets provided. The class will be a blend of Hatha, Ashtanga, and Restorative yoga practices led by Caryn Ciagne, a veteran Detroit area yoga instructor.

| Instructor:                                  | Caryn Ciagne       |  |  |  |
|--|--------------------|--|--|--|
| Class Dates:                                 | Wednesday Evenings |  |  |  |
| Class Time: 6:00-7:00 p.m.                   |                    |  |  |  |
| Fee per session: \$12 Member, \$18 Nonmember |                    |  |  |  |

|        | The Village Clu   | b   2025 Winter/S  | Spring Classe                        | es   Page 11   |   |
|--------|---|--|--------------------------------------|--|---|
| FEBRU  | JARY  |  |                                      |  |   |
| SUNDAY |   | SDAY WEDNESDAY   | THURSDAY                             | FRIDAY   | SATURDAY  |
|        |   |  |                                      |  | 1   |
| 2      | 3 4<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balance<br>and Strength 5-6 pm   | <b>5</b><br>Yoga & Pilates<br>10-11 am<br>Midweek Restora<br>Yoga 6-7 pm   | 6                                    | <ul> <li>LaBlast Dance Fitness<br/>12:30-1:15 pm<br/>Knitting 1-3 pm<br/>Super Bowl Charcuteri<br/>Board 3 pm</li> </ul> | -   |
| 9      | 10-11 am 10-<br>Better Bones, Balance Eve   | 12ReadersYoga & Pilates11:30 am10-11 amryday BridgeMidweek Restoraestions 1-3 pYoga 6-7 pm                                       |                                      | 14<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm  | 15  |
| 16     | 17 18<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balance<br>and Strength 5-6 pm | <b>19</b> Yoga & Pilates<br>10-11 am<br>Bletchley Park 5:3<br>Midweek Restorat<br>Yoga 6-7 pm                                    | 0-7 pm                               | 21<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm  | 22  |
| 23     |   | ryday Bridge<br>estions 1-3 p<br>26 Downton Abbey<br>10-11:30 am<br>Yoga & Pilates<br>10-11 am<br>Midweek Restora<br>Yoga 6-7 pm |                                      | 28<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm  |   |
|        |   | 5 1  |                                      |  |   |
| MARC   | CH III  |  |                                      |  |   |
| SUNDAY | MONDAY TUE  | SDAY WEDNESDAY   | THURSDAY                             | FRIDAY   | SATURDAY<br>1<br>Oscar Night Preview<br>Party 5-7 p |
| 2      | 3 4<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balance<br>and Strength 5-6 pm   | 5 Yoga & Pilates<br>10-11 am<br>Let's Play Bridge 1<br>Midweek Restorat<br>Yoga 6-7 pm   | -3 pm                                | LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm  | 8   |
| 9      | 5   | e Readers<br>11:30 am<br>12 Yoga & Pilates<br>10-11 am<br>Let's Play Bridge 1<br>Midweek Restorat<br>Yoga 6-7 pm                 | -3 pm                                | 14<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm  | 15  |
| 16     | 5   | atGPT 10-11 am<br>11:30 am Let's Play Bridge 1<br>Midweek Restora<br>Yoga 6-7 pm   | Get Your Kicks on<br>I-3 pm Route 66 | 21<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm  | 22  |
| 23     | 24 25<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balance<br>and Strength 5-6 pm | 26 Yoga & Pilates<br>10-11 am<br>British Royals<br>10-11:30 am<br>Let's Play Bridge 1<br>Midweek Restora<br>Yoga 6-7 pm          | I-3 pm                               | 28<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm  | 29  |
| 30     | 31<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balance<br>and Strength 5-6 pm    | roga oʻr piri  |                                      |  |   |

| APRIL  |   |   |   |   |
|--------|---|---|---|---|
| SUNDAY | MONDAY  | TUESDAY                                       | WEDNESDAY THURSDAY  | FRIDAY SATURDAY   |
|        |   | 1<br>Computer Online<br>Basics<br>10-11:30 am | 2 Yoga & Pilates 3<br>10-11 am<br>Let's Play Bridge 1-3 pm<br>Midweek Restorative<br>Yoga 6-7 pm  | 4 5<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm  |
| 6      | 7<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Baland<br>and Strength 5-6 pm  |   | 9 10<br>Yoga & Pilates Pewabic Pottery<br>10-11 am 10-Noon<br>Midweek Restorative<br>Yoga 6-7 pm  | 12:30-1:15 pm<br>Knitting 1-3 pm  |
| 13     | 14<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Baland<br>and Strength 5-6 pm |   | <b>16</b> Yoga & Pilates 10-11 am<br>Spring Planting &<br>Cleanup 10:30 am<br>Let's Play Bridge 1-3 pm<br>Midweek Restorative<br>Yoga 6-7 pm          | 18 <sup>LaBlast Dance Fitness</sup><br>19<br>12:30-1:15 pm<br>Knitting 1-3 pm<br>Folk Music & Its<br>Influence on 1960's<br>Rock 5:30-7pm |
| 20     | 21<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Baland<br>and Strength 5-6 pm |   | 23 Yoga & Pilates 24<br>10-11 am<br>Let's Play Bridge 1-3 pm<br>Midweek Restorative<br>Yoga 6-7 pm  | 25 26<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm  |
| 27     | 28<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Baland<br>and Strength 5-6 pm |   | <b>30</b> <sup>Albert Kahn 10-11:30 am<br/>Yoga &amp; Pilates<br/>10-11 am<br/>Let's Play Bridge 1-3 pm<br/>Midweek Restorative<br/>Yoga 6-7 pm</sup> |   |

| MAY    |   |                      |  |                     |  |          |
|--------|---|----------------------|--|---------------------|--|----------|
| SUNDAY | MONDAY  | TUESDAY              | WEDNESDAY  | THURSDAY            | FRIDAY   | SATURDAY |
|        |   |                      |  | 1                   | 2<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm                                       | 3        |
| 4      | 5<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balan<br>and Strength 5-6 pn         | n                    | 7 Yoga & Pilates<br>10-11 am<br>Let's Play Bridge 1-3<br>Midweek Restorativ<br>Yoga 6-7 pm<br>Speed Dating with<br>Books 5-6:15 pm | 8<br>pm<br>re       | <b>9</b> LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm<br>Genealogy Workshop<br>1:30-3 p |          |
| 11     | 12<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balan<br>and Strength 5-6 pn        | VVORKSHOD: PIAV OF T | <b>14</b> Yoga & Pilates<br>10-11 am<br>Let's Play Bridge 1-3<br>Midweek Restoratio  |                     | 16<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm                                      | 17       |
| 18     | <b>19</b><br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balan<br>and Strength 5-6 pn | 20<br>ce             | 21<br>Yoga & Pilates<br>10-11 am<br>Midweek Restorativ<br>Yoga 6-7 pm  | <b>22</b><br>re     | 23<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm                                      | 24       |
| 25     | 26<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balan<br>and Strength 5-6 pn        |                      | 28<br>Yoga & Pilates<br>10-11 am<br>Midweek Restorativ<br>Yoga 6-7 pm  | 29<br><sup>re</sup> | <b>30</b><br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm                               | 31       |

| JUNE   |   |         |   |          |   |          |
|--------|---|---------|---|----------|---|----------|
| SUNDAY | MONDAY  | TUESDAY | WEDNESDAY   | THURSDAY | FRIDAY  | SATURDAY |
| 1      | 2<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balanc<br>and Strength 5-6 pm        |         | <b>4</b><br>Yoga & Pilates<br>10-11 am<br>Midweek Restorative<br>Yoga 6-7 pm  | 5        | <b>6</b><br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm | 7        |
| 8      | <b>9</b><br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balanc<br>and Strength 5-6 pm |         | <b>11</b><br>Yoga & Pilates<br>10-11 am<br>Midweek Restorative<br>Yoga 6-7 pm | 12       | 13<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm       | 14       |
| 15     | 16<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balanc<br>and Strength 5-6 pm       |         | <b>18</b><br>Yoga & Pilates<br>10-11 am<br>Midweek Restorative<br>Yoga 6-7 pm | 19       | 20<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm       | 21       |
| 22     | 23<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balanc<br>and Strength 5-6 pm       |         | 25<br>Yoga & Pilates<br>10-11 am<br>Midweek Restorative<br>Yoga 6-7 pm        | 26       | 27<br>LaBlast Dance Fitness<br>12:30-1:15 pm<br>Knitting 1-3 pm       | 28       |
| 29     | 30<br>Yoga & Pilates<br>10-11 am<br>Better Bones, Balanc<br>and Strength 5-6 pm       | e       |   |          |   |          |

# Instructor Highlights

### CIAGNE, CARYN YOGA

Caryn Ciagne has taught all forms of yoga for several years and is certified. She teaches students of all levels from novices to experienced yogis and is regularly on the fitness schedules at Beverly Hills Club and the Birmingham Athletic Club.

### DENNIS, ANNIE PEWABIC POTTERY

Annie Dennis is a ceramic artist and educator. She received her BFA Ceramics from Western Michigan University in 2010 and her MFA Ceramics from Cranbrook Academy of Art in 2013. Annie has experience as Adjunct Faculty at Metro Detroit area institutions, such as College for Creative Studies, Oakland Community College, and Wayne County Community College District. As Education Director and Archivist at Pewabic Pottery, Annie has been working to digitize and share the history of one of the nation's oldest continuously operating pottery businesses.

### ELLIS, ANNIE MAH JONGG

Village Club member Annie Ellis has been playing MahJongg for many years and is in charge of the Club's MahJongg group. It is one of her favorite games to play and she particularly values the social time spent with the other players.

### EVANS, KELLIE GENEALOGY

Kellie Evans is a Village Club member and amateur genealogist. She has spent countless hours going down many genealogy "rabbit holes", along with multiple trips to ancestral graves in Michigan, Ohio, Canada, Scotland and Germany. Of her genealogy travels, she says "there is nothing that can describe the incredible feeling of standing at an ancestral grave and saying thank you". When not visiting cemeteries, Kellie is a professional singer/musician and private music teacher.

### EVANS, WENDY DOWNTON ABBEY, BRITISH ROYALS, ALBERT KAHN

Art historian Wendy Evans was raised among the museums of London, England. She has advanced degrees from Oxford University, England and Wayne State University, Detroit. She taught art history at Wayne and is a long-time volunteer at the Detroit Institute of Arts. Known for her English accent and crazy socks, Wendy is a skilled storyteller who loves to share her passion for art. www.art-talks.org

### FEINBERG, HENRY FOLK MUSIC & ITS INFLUENCE ON 1960s ROCK

Henry Feinberg is a musician, composer, and music instructor. He has taught music classes at

Oakland Community College since 2002, coached numerous piano and harmonica students, and for 30 years, performed throughout the metro area. Most recently, Henry has been entertaining audiences with his popular presentations on musical history.

### FELDMAIER, ROBERT ROUTE 66

Bob retired from Macomb Community College as Director of the Center for Advanced Automotive Technology and Dean of Engineering in 2019. He has served as Chief Engineer at Tesla and retired from Chrysler in 2008. He holds a BSME from Purdue University and an MBA from Wayne State. Bob is also active on United Methodist boards as well as boards at Purdue, Clemson, and Macomb Community College. He is a member of SAE as well as the Society of Body Engineers.

### FORGRAVE, KATHY YOGA & MAT PILATES

Kathy Forgrave is an E- Registered Yoga Teacher (E-RYT) through the Yoga Alliance and lead instructor at the Beaumont School of Yoga Therapy Teacher Level 1 RYT 200 Training Program. She currently provides yoga therapy to the Beaumont patient population, and teaches private and group yoga classes. She is also certified in Reiki, an alternative therapy known as energy healing.

### FRENKEL, NAOMI KNITTING

Naomi Frenkel began knitting at the age of 8 years old. She has a teaching degree from Michigan State University and taught in the Ferndale Schools. She was a yarn rep for many of the leading yarn companies including Trendsetter, Classic Elite Yarns, Swedish Yarn Imports and Anny Blatt. She was program director for Woolgatherers Knitting Guild where she taught many classes including stranding of two colors and how to finish a knitted project with crocheted edges. She is currently teaching knitting classes at Costick Center and Troy Community Center.

### GARCIA, GAY BRIDGE

For Village Club member Gay Garcia, bridge has been a social activity since college. While raising a family and working, she always found bridge to be a great way to network and socialize. She co-chaired TVC's Bridge Marathon Leagues for seven years. Gay attained Life Master status in the American Contract Bridge League's masterpoints ranking in 2021 and Bronze Master in 2023. She continues to play bridge nearly every day and is excited about helping others maximize their enjoyment of bridge.

### HAYES, TARA OSCAR PREVIEW NIGHT

Tara Hayes, PhD, holds advanced degrees in English and American Literature, and has film industry experience at DreamWorks. Known locally as "The Book (& Film) Club Professor," she leads groups in lively discussions about works in print and film.

### KARMANOS LAURA BETTER BONES, BALANCE & STRENGTH

Laura Karmanos has been a personal trainer since 1987, a group trainer since 1985, and a nutritionist since 1988. She holds an AS in Nutrition from Madonna College and is a Certified Personal / Group / Kettleball Level II Trainer and Certified TRX Specialist. She is currently working toward a Functional Medicine Certification through FMCA.

### MCGLORY, KAYLA SUPERBOWL CHARCUTERIE

Kayla is a mother of two young children who developed her career during COVID while needing to do something creative and fulfilling. She put her talents to work in 2021 and now has developed a thriving business and discovered a passion for teaching along the way.

### MENGER, BECKY SPRING PLANTING

Becky has been with English Gardens since 2003 where she teaches seminars on shade gardening, bees and butterflies, birds, critter control, and general perennial gardening. She loves learning and sharing what she has learned about plants, growing conditions, and what to do and what NOT to do.

### NABOZNY, KEITH BLETCHLEY PARK – CODEBREAKERS & CRYPTOGRAPHY

Professor Keith Nabozny has been the lead faculty for the cybersecurity program for Macomb Community College since 2011. Prior to teaching at Macomb, he worked in information technology in private industry for 15 years, supporting various types of network infrastructure including servers, routers, switches, and firewalls. He is Security + certified and is a Certified Information Systems Security professional..

### RUSS, CATHLEEN THE READERS/BOOKS

Cathleen Russ, Director of the West Bloomfield Township Public Library, has spent a distinguished career in public library administration. In 2019 she was honored as Michigan Librarian of the Year. She has led The Readers for 25 years.

### TOMASSI, DONNA LABLAST

Instructor Donna Tomassi has been an Ace-certified Group Fitness Professional since 2007. Donna is a Michigan Master Trainer for LaBlast Fitness format created by Louis Van Amstel from Dancing with the Stars.

Sign Up For Classes Today!

Registration is now open.Please complete your registration promptly, at least two days before the class.

### **Registration is easy!**

#### 3 OPTIONS TO REGISTER:

 Fill out the registration form and mail it to: The Village Club
 190 East Long Lake Road
 Bloomfield Hills, MI 48304

- 2. Register in person at the Club.
- 3. Register online (members only) at thevillageclub.org
  - a. Login
  - b. Click on Club Calendar in the Quick Links box on the left
  - c. Locate your class on the calendar

| d. | Click on the class to activate registration. |
|----|--|
|    | For questions or assistance, contact         |
|    | Jackie Mason, Accounts Payable & Classes     |
|    | at jackiem@thevillageclub.org                |
|    | or 248-644-3450.                             |

#### PAYMENT AND REFUNDS:

#### Members:

Members, their spouses, and reciprocal club members will be billed on their monthly statements after the class has begun.

#### Nonmembers:

Full payment is due at the time of registration, by check payable to The Village Club (preferred) or by major credit card. Please note that there is an additional 5% processing fee for credit card payment.

### Materials Fee:

If a materials fee is charged, it is to be paid directly to the instructor at the first session, cash or check. Class Cancellation:

In the event the class is cancelled by the Club, a full refund will be issued, and, to the best of our ability, all registrants will be notified by email and/or phone.

### Reservation cancellation:

In accordance with our House Rules, a request to cancel a reservation must be received in the office at least three days prior to the first day of the class in order to receive a full refund. No partial (or prorated) refunds will be given.

### DRESS CODE

The manner of dress shall be governed by good taste in keeping with the character of the Club. Business casual attire is appropriate, as is tasteful denim and country club attire. Informal clothing, such as jogging suits, cargo pants, shorts, and printed tee shirts is not acceptable.

NOTE: Seating is not reserved. Please plan to arrive a little early if you have a group that would like to be seated together.

| Last Name             |                            | First Name                      |                               |          |  |  |
|-----------------------|----------------------------|---------------------------------|-------------------------------|----------|--|--|
| Street Address        | City                       |                                 | State                         | Zip Code |  |  |
| Home Telephone Number |                            | Cell Phone Numbe                | Cell Phone Number (Optional)  |          |  |  |
| Email Address         |                            |                                 | Member Number                 |          |  |  |
|                       |                            | CLASSES                         |                               |          |  |  |
| P                     | lease indicate below the c | lass dates and classes that you | are interested registering fo | r.       |  |  |
| Class Date            | Class Name                 |                                 |                               |          |  |  |
| Class Date            | Class Name                 |                                 |                               |          |  |  |
| Class Date            | Class Name                 |                                 |                               |          |  |  |
| Class Date            | Class Name                 |                                 |                               |          |  |  |
| Class Date            | Class Name                 |                                 |                               |          |  |  |
| Class Date            | Class Name                 |                                 |                               |          |  |  |
| Class Date            | Class Name                 |                                 |                               |          |  |  |

**Barrier Free Environment:** The Village Club is dedicated to providing a positive experience for all members and guests. If you need special assistance entering, exiting, or moving throughout the Club, please visit or call the Reception Desk (248-644-3450).



190 EAST LONG LAKE ROAD BLOOMFIELD HILLS, MI 48304



### CLASSES CO-CHAIRS:

Becky McLennan Nancy Troyer

### **COMMITTEE MEMBERS:**

Cindy Cirar Kay Duncan Marilynn Rusche Trish Stoltz Linda Wilson Laurie Haroutunian, Board Liaison

Jackie Mason, Village Club Classes Liaison

# **Class Highlights**

Super Bowl Charcuterie Friday, February 7

Oscar Night Preview Saturday, March 1

Pewabic Pottery Detroit's Nationally Renowned Gem Thursday, April 10

Spring Planting & Cleanup with English Gardens Wednesday, April 16

Interested in learning more about The Village Club? For more information call Kim Soncrainte 248-644-3450, Ext. 223 or email membership@thevillageclub.org.